

Research Article

Harmonizing Healing: Role of Homeopathy in Surgical Disease Management

Nishant Kumar

Department of Materia Medica, RBTS Govt Homoeopathic Medical College and Hospital Muzaffarpur, Bihar

Correspondence should be addressed to Nishant Kumar, PG Scholar, nishantkumar6079@gmail.com

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Abstract Surgical diseases represent a wide spectrum of medical conditions that often necessitate invasive interventions for treatment. While homoeopathy have made remarkable improvements in managing these ailments. Homeopathy, offers a holistic and individualized approach to healing. This article explores the role of homeopathy in surgical diseases, emphasizing its potential in pre-surgery preparation, post-surgery recovery, pain management, anxiety reduction, side effect minimization, and scar management. As research in this field continues, a deeper understanding of the specific benefits of homeopathy in surgical diseases may emerge, offering patients a promising complementary approach to their surgical care.

Keywords *Homoeopathy; Surgical cases; Non invasive treatments; Surgery and homoeopathy; Pain management; Pre-surgery preparation; Holistic treatment*

Introduction

Surgical diseases are a group of medical conditions that often require invasive methods for their treatment. Modern medicine and surgery have made significant technical advancements in the treatment of surgical cases but not in case of chronic diseases. There is an increasing interest in alternative mode of treatments such as homeopathy.

Homoeopathy is a holistic treatment approach that addresses the patient as a whole, acknowledging that there is no such thing as a local disease and that no external ailment may worsen without an underlying cause and the inner involvement of the complete organism. Without the support of the entire rest of the economy and the participation of the rest of the living whole, they could not appear at all. Both before and throughout it, the person has an internal illness. [1] As a result, treating complaints on the external parts as if they were wounds and passing them off as merely local ailments or other such means is as absurd as its effects are pernicious. Complaints on the external parts that have not been caused by any external injury instead have an internal cause. [2]

One of the most important duties of the homeopath is to recognize what is curable and what is not curable by our medicines.

When pathology has developed, it is our responsibility to postpone surgery if all symptoms are present or even if the patient can recall past symptoms even though they are not present at the moment. This will enable the homoeopath to recognise the case's original full set of symptoms, and in these situations, the true homeopath's responsibility is to always locate the chronic remedy first. The situation is not hopeless because, in accordance with the Law of Similar, the totality of the symptoms is the only requirement for selecting the suggested therapy. When all visible indications and symptoms are gone, the sickness as a whole is destroyed because the inner alterations of the vital energy that underlay them are gone. [3]

In the curriculum of surgery in conventional medicine, students are always taught that surgical cases with advanced pathological changes cannot be cured by homoeopathy. They require surgery however the concepts of surgical cases in homeopathy are not the same as that of the modern system of medicine. [4, 5]

Miasmatic analysis of surgical disease

Miasmatic analysis is typically applied to chronic diseases; it can also be considered in the context of surgical diseases, as it can provide insights into the patient's overall health and constitution. Any surgical condition or any pathological formation is a landmark of miasmatic analysis. [6]

1. **Psora:** Surgical diseases with underlying psoric miasm often manifest as chronic conditions that have developed over time. Patients may have a history of recurrent infections, chronic inflammations, or slow-healing wounds. The surgical disease may be associated with systemic weaknesses or constitutional imbalances.

Homeopathic remedies targeting the psoric miasm can help improve the overall vitality and resistance to disease, potentially supporting better surgical outcomes. [7]

2. **Sycosis:** The sycotic miasm is associated with growths, swellings, and distortions in the body, which can be relevant in some surgical diseases. Surgical diseases related to sycosis may involve conditions like cysts, tumors, or fibroids. Patients may have a history of genital or urinary tract issues, which could be related to sycotic miasm.

Homeopathic remedies targeting the sycotic miasm may assist in reducing the size of growths or promoting post-surgery healing. [7]

3. **Syphilis:** The syphilitic miasm is linked to destructive and degenerative processes in the body. Surgical diseases associated with syphilis may include conditions like ulcerations, gangrene, or necrosis. Patients may have a history of severe or chronic infections that have led to tissue damage.

Homeopathic remedies addressing the syphilitic miasm can support tissue regeneration and healing, which may be crucial in surgical recovery. [7]

4. **Tubercular:** Tubercular miasm often relates to weakened immunity and susceptibility to infections. Surgical diseases with a tubercular component may involve chronic suppurations, sinus tracts, or fistulas. Patients may have a history of recurrent infections, prolonged fevers, or constitutional weakness.

Homeopathic remedies targeting the tubercular miasm can help boost the immune system and reduce the risk of post-surgery infections. [7]

Patients considering homeopathic treatment for surgical diseases should consult with both a surgeon and a qualified homeopathic practitioner for comprehensive care.

Role of Homoeopathy in Surgical Diseases

1. **Pre-surgery Preparation:** In preparing patients for surgery by reducing anxiety, improving overall health, and minimizing the risk of complications.
2. **Post-surgery Recovery:** Homeopathic remedies can help accelerate the healing process after surgery.
3. **Pain Management:** Homeopathy offers non-addictive and side-effect-free options for pain management.
4. **Reducing Surgical Anxiety:** Many patients experience anxiety and stress before undergoing surgery. Homeopathic remedies like *Aconitum napellus* and *Gelsemium sempervirens* can help alleviate pre-operative anxiety and apprehension.
5. **Minimizing Side Effects:** Homeopathy can be used alongside treatments to help minimize the side effects of medications and anesthesia. It can also support the body's natural detoxification processes.
6. **Scar Management:** Homeopathic remedies can aid in reducing the appearance of surgical scars, promoting better cosmetic outcomes.

We should note that homeopathy should be used as a complementary therapy in surgical diseases and not as a replacement for surgery when it is the recommended treatment. Homeopathic physician should work in collaboration with surgeons and other medical professionals to provide comprehensive care.

Indications of mainly used homoeopathic remedies in case of surgical diseases

1. *Aceticum acidum* [8]
 - antidotes the effects of all anesthetic vapors
 - trauma, surgery
 - hemorrhages
 - prostration after injuries
 - it follows China after hemorrhage
2. *Allium cepa* [8]
 - neuralgic pains (like a long thread)
 - post amputation pain
3. *Arnica Montana* [9]
 - a traumatic injury
 - cerebral congestion
 - angina pectoris
 - to prevent post-partum hemorrhage and puerperal complications
4. *Belladonna* [8]
 - fevers
 - hemorrhage
 - wounds
 - inflammatory conditions
5. *Hamamelis virginica* [8]
 - venous hemorrhages
 - wounds
 - traumatic inflammations
 - chronic effects of mechanical injuries

- to relieve the discomfort after surgery on varicose veins and hemorrhoids
- 6. *Hypericum perforatum* [10]
 - remedy for nerve pain
 - side effects of laparotomy
 - pain and ailments after fall on coccyx
 - to prevent or treat tetanus
- 7. *Millefolium* [9]
 - hemorrhages from bowels, uterus
 - incarcerated hernia
 - post surgical disturbances
 - often useful after stone removal
 - prevents post-partum hemorrhages
- 8. *Ruta graveolens* [9]
 - bone and periosteal pain in and after surgery
 - carcinoma affecting lower bowel
 - it will ease discomfort and promote recovery after surgery when involving tendons, cartilage, connective tissue, coverings of the bones
- 9. *Staphysagria* [11]
 - for deep, painful and profusely bleeding wounds
 - meibomian tumors
 - chronic tonsillitis
 - haemorrhoidal tumors
 - post surgical (neuralgic) pain
- 10. *Veratrum album* [9]
 - collapse or shock from injuries/surgery
 - postoperative shock with cold sweat
 - weakness, prostration after injuries
 - when there is icy coldness of the body after fright

Conclusion

The role of homeopathy in surgical diseases lies in its ability to enhance recovery, and improve the overall well-being of patients. Homeopathic remedies can be a valuable addition to pre-operative preparation, post-operative recovery, and pain management strategies. However, it is crucial to consult with both a surgeon and a qualified homeopath when considering homeopathic treatment in surgical cases. As research continues to expand in this area, we may gain a deeper understanding of the specific benefits homeopathy can offer to patients facing surgical procedures.

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